State of Texas Joint Committee on Aging April 26, 2012

1pm, 2E.20 Betty King Conference Room Presenter: Nancy Crowther, ADAPT/PACT Organizer



PACT

Personal Attendant Coalition of Texas (PACT) is a grassroots coalition of attendants and their supporters, working in homes and community based service programs. PACT provides a voice for the 275,000 statewide attendants to strengthen the salaries, benefits, dignity and position in the community whereby strengthening the independence of aging Texans and persons with disabilities.

What is an Attendant?

Often referred to as caregivers, synonymous, but with a passion beyond obligation--it is a calling. An attendant is a person with the skill, reliability and compassion to assist an individual with a disability of any age, with activities of daily living.

Such activities include the assistance with an individual's:

- personal care, dressing,
- toileting, bathing,
- household chores and,
- errands necessary for the maintenance of living independently in the community.

Attendants are found working privately in peoples homes or through publicly funded community, in-home attendant services programs.

Attendant services provides the person with a disability the ability to self-direct their needs and garner assistance in accomplishing those tasks on a daily basis.

The union of a self-directed aging person with a disability, a home in the community and the assistance of a personal attendant makes for an attractive and inexpensive alternative to a nursing home or other state supported institution. There is also a higher quality of life maintained for the aging individual with the disability.

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